



ZOROASTRIAN SOCIETY OF ONTARIO

NEWSLETTER

3590 Bayview Avenue, North York, Ontario, Canada, M2M 3S6

July 2014

Vol. 40. No. 14

UPCOMING EVENTS

Tuesday, July 1	@ 11:00am	Maidyarem Gahambar (F)
	@ 11:00am	Tirgan (F)
Friday, July 11	@ 11:00am	Seniors – Bingo
Friday, July 18	@ 7:00pm	Gatha Studies (Persian)
Sunday, July 20	@ 10:00am	ZSO Annual General Meeting
Friday, July 25	@ 11:00am	Seniors – Yoga

Note: In addition to the above, "Self-Healing PLM YOGA, an Integrated Mind-Body Wellness Therapy" classes will be held each Wednesday (July 2, 9, 16, 23, and 30) at the Darbe Mehr from 6:30 pm to 8:00 pm. For further information, please call Zubin Dotiwalla at (905) 629-2985.

Note: All events will be held at Mehraban Guiv Darbe Mehr, 3590 Bayview Avenue, unless otherwise specified. ZSO, as publisher, is not responsible for content and support of any flyers not issued by them.

ZSO MEMBERSHIP FEES:

Please note that ZSO membership fees for 2014-2015 are due immediately. Members are requested to pay their fees and request family and friends to join the ZSO. Please forward your cheques to the Treasurer, payable to *The ZSO*.

Fee Schedule:

- \$100.00 F = Family (married or single, includes children under 18)
- \$60.00 I = Individual (non-student over age 18)
- \$30.00 YS = Youth Student (full-time student, age 18 to 25 years)
- \$30.00 ISR = Individual Senior (age 65 and over)
- \$50.00 FSR = Family Senior (both spouses age 65 and over)

EXECUTIVE CORNER: Summer has officially arrived and with it vacation time with family and friends. We wish you all a very enjoyable summer. Do not, however, forget the ZSO Annual General Meeting that is being held on Sunday, July 20, 2014. Should you not be in town or available to come and have your say and exercise your vote, you should consider giving your proxy to someone you trust who can then attend on your behalf. If you have not renewed your membership please do so in time for the deadline date. Your AGM package will have all the required information. Take a moment to peruse it. *Hamazoor Beem Hama Ashooi Beem.*

DEATH ANNOUNCEMENT:

On May 17, 2014, Ms. Irandokht Farokhzadeh in Toronto, Ontario, beloved mother of Visda Vokshoori. *Our condolences to the bereaved family.*

MEMBERSHIP FEES: If Mar-14 is printed on the address label of your newsletter envelope, you have not paid your membership fee for 2014-15. No further newsletters will be mailed to you until your fee is received. Additionally, members whose fee for the year 2014-15 is not received at the Darbe Mehr by July 13, 2014 will not be permitted to attend the ZSO AGM on July 20, 2014. Please support your organization and mail your 2014-15 membership fees to the Treasurer.

DIRECTORY OF ZOROASTRIANS OF ONTARIO: The new 2014 ZSO Telephone Directory is out and has been well received. Limited quantities are available and those interested to purchase them (\$10 for members, \$15 non-members), please contact the Secretary. They will be available for sale at most ZSO functions at the Darbe Mehr for the next few months. Get yours today before they are sold out.

Our sincere thanks and deep sense of gratitude for bringing the directory to fruition goes to Pervaze Rabadi who was ably assisted by his wife Roshan. Together they put in countless hours, days and months on the project. Thank you to the Rabadis for a job well done.

Our thanks also go out to Marzi Byramjee of Regal Printers for the phenomenal work in printing the directories at cost and on time.

Thanks to all the advertisers for supporting the directory project. Their invaluable endorsement and advertising dollars together from sales of the directories ensured that the project was self-funded and at no cost to the ZSO.

SENIORS COMMITTEE: Zoroastrian Seniors had a guest speaker, Dr Behzad Azargoshasb, at their biweekly social on June 13, 2014. Approximately 50+ seniors were in attendance. The presentation was well received since it was easy to understand and participation was a major factor.

Dr. Azargoshasb made an hour-long presentation discussing blood pressure. Educating us on the science behind it and the risk factors contributing to high blood pressure, he focused on the importance of proper diet and nutrition to prevent and treat this silent killer. He had audience participation and did a BP demo with the help of Percy Surti. Many useful suggestions were made to help manage and reduce high blood pressure naturally. Future presentation will be on arthritis, where Dr. Azargoshasb will teach us how to differentiate between the different types of arthritis and give us natural treatment strategies to reduce and resolve this crippling health condition.

We thank Dr. Azargoshasb for enlightening us on this very important medical topic. His future presentation will be announced when the date is confirmed. Dr Azargoshasb has a private practice in Naturopathy. He can be reached at Horizon Wellness Clinic, (905) 237-8099.

LECTURE ANNOUNCEMENT: There will be a lecture at ZSO Darbe Mehr on September 21, 2014 at 4:30pm by Professor Mitra Sharafi. The title of the talk will be **“Parsi legal culture in British India: The Davar–Beaman Case and Beyond”**.

Mitra Sharafi is a legal historian of colonial India at the University of Wisconsin Law school at Madison. She holds BA from McGill and PhD from Princeton in history, and law degrees from Cambridge and Oxford. Professor Sharafi’s research include South Asian legal history; the history of colonialism; law and religion; law and minorities; and much more. Sharafi’s first book, *Law and Identity in Colonial South Asia: Parsi Legal Culture, 1772-1947* is being published by Cambridge University Press in 2014. The book explores the legal culture of the Parsis or Zoroastrians of British India, an ethno-religious minority that was unusually invested in colonial law. Sharafi’s next book project is a study of poisoning and medical jurisprudence in colonial India. This is not explicitly focused on the Parsi community, but happily she continues to find many Zoroastrian lawyers, physicians and toxicologists in her archival materials. We look forward to a large attendance of our members to listen to a historic account of immense interest to all Parsi/Irani Zarathushtis.

RELIGION CLASSES: The Religion Education Classes held its year-end Annual Day function on Saturday, May 24, 2014. Family and friends gathered to watch the religion class students’ display their religious knowledge. Topics of the presentations included the journey of the Parsis from Iran to India, Zoroastrian trivia and the story of Zuhak and Faridun.

Trophies were presented to the winners of the Essay and Art Contest held earlier in the year. As well, each participant in the contest received a medal in recognition of his or her effort. A delicious lunch was catered by Nancy Patel. The Guest of Honour, OZCF President Firdosh Bulsara was on hand to present certificates to this year's graduating class. Congratulations to our graduates Alisha Banker, Shahzad Bharda, Parinaz Bhesania, Trisha Kershaw, Rhea Gyara, Friyana Karai, Benaisha Major, Tanya Patrawala, Emerald Sethna, Rustom Sheriar, Tanishq Singh, Kaizad Tafti, Kamraan Tomkiewicz, Maya Tomkiewicz and Jamshed Wania. Benaisha Major and Emerald Sethna were honoured as the outstanding students of the year. In addition, Perviz Bhungara was awarded the Shehnaz Munshi award for excellence in teaching.

Registration has begun for the following year. The Religion Classes provide a unique opportunity for our community’s children not only to meet, but also to learn about the Zoroastrian religion and its traditions. Our goal is to promote an understanding of the religion and to foster a sense of Zoroastrian identity among our students. We hope to see all of our current students and many newcomers in the fall. Please refer to the enrollment form attached to this newsletter for information on registration.

ONTARIO SERVICE AWARDS: Our congratulations to the recipients of the 2014 Ontario Volunteer Service Awards: Keshvar Merchant (youth); Nadia Jam (5 years); Vafa Khosraviani (5 years); Mehrtaj Kaviani (10 years); Khushru Patel (10 years); Mickey Katgara (15 years); Eruch Mahava (25 years); and Mehru Mahava (25 years). The awards ceremony was held on June 16th at the Elgin & Winter Garden Theatre at the invitation of Ontario Minister of Citizenship and Immigration, Mr. Michael Coteau.

ZSO SCHOLARSHIP APPLICATION DEADLINE: The deadline for submission of completed applications for the scholarship award is **July 13, 2014**. Completed application forms must be submitted in a sealed envelope to the address of the MGDM on or before the deadline date. Applications delivered or postmarked after the deadline date will not be accepted. Application forms for the ZSO Academic and Community Service Excellence Award for High School Students can be found on the ZSO website (http://www.zso.org/documents/ZSO_Scholarship_Application_2014_2015.pdf). For questions about the scholarship application process, please contact Daraius Bharucha at xermgr@rogers.com.

FEZANA ACADEMIC SCHOLARSHIPS: FEZANA academic scholarships for the 2014-2015 school year are open to Zarathushti students who are studying at a college or university in Canada or the USA. Applications are available from www.fezana.org or from Dolly Dastoor (dollydastoor@sympatico.ca). Completed application forms should be sent by email to academicscholarship@fezana.org. Applications are due **August 1, 2014**.

NORTH AMERICAN ZOROASTRIAN CONGRESS: Early bird registration is now open for the 17th North American Zoroastrian Congress in Los Angeles from December 29-31, 2014. The Congress is hosted by the Zoroastrian Association of California, in coordination with the California Zoroastrian Center. Many social events are planned around those dates to make your extended stay in Los Angeles most enjoyable. Please visit www.nazc2014.org for the program, registration, discounted hotel rates, local LA attractions, and advertising options.

The World Zoroastrian Symphony Orchestra is slated to play at the Congress. If you are a musician and would like to perform with the World Zoroastrian Symphony Orchestra at the Congress, please contact Vira Santoke for more information: (714) 963-1301 or vsantoke@verizon.net.

ENTERPRISE DUBAI BUSINESS CONTEST: Enterprise Dubai presents a business competition for individuals or teams with ideas for starting a business, product line, or service. Entrants can come from any industry, and all businesses must be for profit. The contest is looking for innovative ideas. Interested applicants must apply by July 31, 2014. For more information, please visit www.wzcongress.org/enterprisedubai.

100 TORONTO SCOUT GROUP: The **100 TORONTO SCOUT GROUP** continues to be busy with scouting activities. On May 4th our Scouts did their Good Turn by doing the **Annual Clean-up** of the grounds of the Darbe Mehr and even planting some flowers near the entrance. On Friday, June 13th we hosted the **Annual Parents' Evening**, where parents were invited to offer their comments to the Group Committee and to hear what their children have been doing during the past several months.

Our heartiest congratulations to Aban Karkaria, Shiraz Tampal, Hormuzd Chothia, and Ferozshaw Ogra for being awarded the "**Certificate of Commendation**". This Certificate is presented for "*especially good service to Scouting, on behalf of His Excellency, the Right Honourable David Johnston, Governor General and Patron Scout of Canada*" and is signed by Andrew Price, Chief Commissioner of Scouts Canada.

But the focus of the Group Committee (that includes our Section Leaders) is on our **Group's 25th Anniversary Year** that runs from September 2014 through August 2015. A Silver Anniversary Committee (SAC) has been formed with Freddy Mirza as its Chair, and this Committee has already had a couple of meetings deliberating on some major events to be staged during this Anniversary year. Plans are to start it off with a **Grand Jashan** with prayers to be performed by Mobeds who are or have been associated with our Group as Scouts or as Leaders. The Jashan will be followed by a lunch and we are trying to stage this at the Darbe Mehr that has been our "Home" – hopefully before major renovation work commences at the Darbe Mehr soon after the Shahenshahi Muktads.

MISCELLANEOUS:

- In an attempt to saving postage and paper, the ZSO is requesting those who do not wish to receive the newsletter by mail and are prepared to accept the same on-line only, to please email with your full name to secretary@zso.org.
- The ZSO requests persons coming from India to please bring with them at least 1kg of *sukhar* to replenish the stock at our Darbe Mehr. The ZSO will gladly pay for the *sukhar*.
- Traditional wooded *paatlaas* (made without nails) and German silver *ses* polishing services are available for a nominal fee right here in the GTA. Please contact Pervez Masani at (416) 282-2615.

ZSO NEWSLETTER ADVERTISING RATES

Full page: \$125.00

Half page: \$75.00

Quarter page/business card: \$55.00

Miscellaneous two-liners: \$15.00

Inserts: \$200.00

10% Discount for 12 months of consecutive advertising

MEHRABAN GUIV DARBE MEHR HOURS:

Monday	4:30 pm to 8:30 pm
Tuesday	9:00 am to 12:00 noon; 4:30 pm to 8:30 pm
Wednesday	9:00 am to 12:00 noon
Thursday	Closed all day
Friday, Saturday & Sunday	9:00 am to 12:00 noon; 4:30 pm to 8:30 pm

TELEPHONE: (416) 225-7771

CONTACTS:

- **Emergency situations:** Khushru Chothia at (416) 677-7555
- **Messages on the auto-dialer:** Anahita Ogra at (647) 404-1388 or Mehbhad Dastur at (416) 235-2627
- **Bookings of private functions or special events at the Darbe Mehr:** Meherwan Wadia at ExecOfficer2@zso.org or (416) 455-6514
- **Renting the MGDH hall and Dadgah for post-funeral prayers and rituals:** Meherwan Wadia at (416) 455-6514. Please note there is a charge of \$100 per day.

ZSO NEWSLETTER INFORMATION:

Deadlines: Please note that the deadline for receiving submissions for the ZSO newsletter is the 15th of each preceding month. Any materials received after this date will be published in the following newsletter.

Publisher: Zoroastrian Society of Ontario

Associate Editors: Natasha Bozorgi (nbozorgi@hotmail.com) and Diana Vania (dianakvania@gmail.com)



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416 917 7402

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اهنودگات - بسن 30 - 6

آنان که دچار شک و تردید می شوند، حقیقت را به درستی باز نمی شناسند، فریب می خورند و بدترین اندیشه را بر می گیرند و در نتیجه روی به خشم می برند، و زندگی مردم را به تباهی می کشانند.

کلاس موسیقی دَف

همانگونه که آگاه هستید کانون ایرانیان زرتشتی انترابو تصمیم به برگزاری کلاسهای آموزش موسیقی و آواز برای همکیشان عزیز را دارد. کلاس دَف، اولین کلاسی خواهد بود که از ماه September شروع خواهد شد. از علاقه مندان عزیز که تمایل حضور در این کلاس را دارند خواهشمند kanoun@zso.org تمایل خود را برای شرکت در این کلاس به اطلاع کانون

سدره پوشی همگانی

کانون ایرانیان زرتشتی انترابو تصمیم به برگزاری یک سدره پوشی همگانی در ماه سپتامبر و یا بعد از آن را دارد. از والدین محترم که تمایل دارند فرزندان خود را با بستن کشتی و پوشاندن سدره هم پیمان دین زرتشتی گردانند خواهشمند است تا با هموندان کانون kanoun@zso.org تماس گرفته تا آگاهی های لازم را جویا شوند.

کلاسهای ورزشی - دینی

به آگاهی آن دسته از همکیشان گرامی میرساند که کلاسهای دینی که همراه با تفریحات ورزشی برای رده سنی 7 - 12 در مجتمع فرهنگی (Langstaff) برگزار می شد، در ایام تابستان (June - July - August) برگزار نخواهد شد. تاریخ دوره جدید این کلاسها به آگاهی همکیشان گرامی خواهد رسید. امیدواریم که با آگاهی رسانی داخلی بین همکیشان آینده نیز همانند این دوره با استقبال خوبی همراه باشد.

ساعاتی شاد بر روی کروز

کانون ایرانیان زرتشتی انترابو در حال برنامه ریزی یک گردهمایی شاد و به یاد ماندنی برای همکیشان عزیز بر روی کشتی تفریحی بر روی دریاچه اونتاریو (کروز) می باشد. این گردهمایی در روز یکشنبه 30 به مدارس خواهد بود. اطلاعات دقیق و آگاهی های لازم در خبرنامه های بعدی به اطلاع شما عزیزان خواهد رسید.

تور گردش و تفریح یکروزه

توجه! تقویم خود را برای روز یکشنبه July 27 رزرو کنید. کانون ایرانیان زرتشتی انترابو برای روز یکشنبه July 27 یک تور خانوادگی گردش و تفریح برنامه ریزی نموده است. اطلاعات دقیق آن تا لحظه آماده سازی این خبرنامه هنوز کامل نشده و خبر مربوط به آن با تلفن به اطلاع هموندان خواهد رسید.

ورزش و سلامتی با یوگا

در راستای سلامتی و درمان ذهن و بدن، کلاسهای یوگا هر چهارشنبه از ساعت 6:30 تا 8:15 بعد از ظهر در سالن درب مهر مهربان گیو برگزار میگردد. این کلاسها در روزهای 2 9 16 23 July 30 می گردد.

آرزوی فقیه

آگاه شدیم که تیمهای ورزشی بسکتبال و والیبال زرتشتیان تورنتو ورزشی زرتشتیان کالیفرنیا حضور خواهند داشت. در همینجا برای آنها آرزوی موفقیت و پیروزی داریم. نتایج، اطلاعات و اسامی بازیکنان را در خبرنامه آینده به آگاهی شما هموندان خواهیم رسانید.

انتقادات، نظرات و پیشنهادات سازنده خود را با ما kanoun@zso.org در میان بگذارید.

آگهی

کتاب راهنمای تلفن و مشاغل زرتشتیان آماده ارائه شدن به همکیشان عزیز می باشد. این کتاب به قیمت \$10.00 برای اعضای ZSO به فروش می رسد. برای در اختیار داشتن آن با آقای جمشید جم تماس بگیرید.

دهشمندان

نام بردن از خیراندیشان گرامی، کوچکترین پاسداشتی است که می توان از این هموندان گرامی داشت. به این منظور دهشمندان و خیر اندیشان را به کانون kanoun@zso.org معرفی نمایید تا بدین وسیله از آنها تشکر و قدردانی شود.



It starts with Scouts.

SILVER ANNIVERSARY CELEBRATION

OPENING CEREMONY INVITATION

100 TORONTO-FIRST ZOROASTRIAN SCOUT GROUP

CORDIALLY INVITES

***ALL REGISTERED MEMBERS, PAST AND PRESENT, AND
THEIR SPOUSE,***

TO JOIN US FOR THE JASHAN

PERFORMED BY OUR MOBED SCOUTS, (PAST AND PRESENT)

TO CELEBRATE OUR GROUP'S SILVER ANNIVERSARY

AT: MEHRABAN GUIV DARBE MEHR

ON: SUNDAY AUGUST 24TH 2014, AT 10.30 A.M.

AND TO LUNCH THEREAFTER.

PLEASE REPLY WITH NAMES LATEST BY AUGUST 10TH AT

E-MAIL: 25years@100toronto.com

2014-2015 Enrollment Form for ZSO Religion Classes

Family Name: _____ Res. Phone: _____

Is the Family a member of the (please check to indicate) ZSO or OZCF?

* **Parent E-mail address:** _____ Parent Mobile Phone: _____

Address (including postal code): _____

Mother's First Name: _____ Bus. Phone: _____

Father's First Name: _____ Bus. Phone: _____

Name of Child	Gender (M/F)	Date of Birth (DD/MM/YY)	Health Card Number	Cost
			Late fee (if applicable)	
			Total →>>>>>>	

Please indicate on the back of this sheet if your child(ren) has any medical conditions (e.g. allergies) of which we should be aware.

Class Location: MGDM _____ Western GTA School location _____

We are accepting registrants born in 2008 or earlier. Registration Forms together with the appropriate costs must be received by 31st July 2014.

Cost : Children of ZSO/OZCF members - \$ 20/student

Children of ZSO/OZCF non-members - \$ 30/student

Late Fee for returning students only (if registering after deadline) - \$10/student

Please make your cheques payable to: **Zoroastrian Society of Ontario**

and mail them with the form to:

Zia Mahmoudzadeh, 218 Glenforest Drive, Thornhill, Ontario, L4J 8N3

I will note the dates of the classes & support them _____
Signature of Parent/Guardian Date

*** Please ensure that you fill in the e-mail address and inform us immediately if it changes. All notifications will be by e-mail, handouts in class or via the ZSO Newsletter.**

No child will be bereft of religious education because of finances. In such circumstances and for any other information please contact Ms. Kermin Mehta at 416 446 1417 or Mrs. Khurshid Engineer at 905 828 8324.

FRAVARDEGAN DAYS 2014 Schedule of prayers

Wednesday, August 13 through Friday, August 15th

7.00 a.m. Morning Satum
7.30 a.m. Afringan and Farokshi
11.30 a.m. Afternoon Satum
7.00 p.m. Evening Satum, followed by Hum Bandagi

Saturday, August 16 and Sunday, August 17

8.00 a.m. Morning Satum
8.30 a.m. Afringan and Farokshi
11.30 a.m. Afternoon Satum
7.00 p.m. Evening Satum followed by Hum Bandagi

If anyone wishes to include names of their deceased family members in our Muktaḍ prayers, please fill out the enclosed form, and mail to Ervd. Hoshang Udwardia 1007-10 Parkway Forest Drive, North York, ON M2J 1L3. **Only the first FOUR names in your list will be recited in the prayers.**

Donation of fruit, flowers, food (Malido, papri, mithai, etc.), Sukhar, and Loban will be gratefully accepted. Donation to the **Muktaḍ Fund** should be payable to the ZSO and sent to the attention of **the treasurer to the Darbe Meher** address, or deposited in the safe in the Atash Dadgah Room. Please mark the cheques as 'Muktaḍ Fund '.

Any person who would like to help during the Muktaḍ days should contact Putli Mirza (519) 925-0051 or Dolly Patel (416) 241-3823. The clean-up of the Darbe Meher prior to Muktaḍ is on Sunday 10 August. Please contact Khushru Chothia at (416) 677-7555.

High School students who would like to give volunteer hours for the 5 days should contact Zarine Dordi at 416-385-7224. They are also encouraged to participate in the clean-up of the Darbe Meher by contacting Khushru Chothia. The Scouts and the Venturers participation too will be greatly appreciated.

To
Ervad Hoshang Udwardia,
1007 – 10 Parkway Forest Drive,
North York
Ontario. M2J 1L3.

MUKTAD PRAYERS 2014

Kindly include the following names in the daily prayers during the forthcoming Mukta ceremonies:

Names of the Deceased	Name of His/Her Father/Husband
1. E O Oi B K _____	E O B _____
2. E O Oi B K _____	E O B _____
3. E O Oi B K _____	E O B _____
4. E O Oi B K _____	E O B _____

I am enclosing herewith my contribution of \$ _____ to defray costs. (Please make out cheque to the ZSO.)

Thank you.

Yours Truly,

Full Name

Telephone number

* The first names of the deceased are always recited together with their father/husband's name along with their status (i.e. Ervad, Osta, Osti or Behdin as per Zoroastrian custom)

E= Ervad (male who was a Navar)
O= Osta (Male from a priestly family but not a Navar)
Oi= Osti (Female from priestly family)
B= Behdin (male/female from non-priestly family)
K= Khud (child whose navjote was not performed)

PLEASE COMPLETE THIS FORM IN BLOCK LETTERS, ENSURE THAT THE RIGHT STATUS HAS BEEN CIRCLED, AND RETURN TO ERVAD HOSHANG UDWADIA BY AUGUST 5TH AT THE LATEST

No names will be accepted over the telephone.